

COMPONENT	OBJECTIVES	COMPETENCY
<p><i>I Communication, Coping and Interpersonal Skills</i></p>	<ol style="list-style-type: none"> <li>1. <i>Describe individual ethnicity and cultural beliefs regarding healthy living.</i> (H.E.B.2.4.4)</li> <li>2. <i>Demonstrate how cooperative actions/behaviors lead to the development of positive relationships.</i> (H.E.B.3.4.2)(H.E.B.3.4.5)(H.E.C.2.4.5)</li> <li>3. <i>Identify causes of intra- and interpersonal conflict among youth in today's society and the methods of conflict resolution.</i> (H.E.B.3.4.6)(H.E.B.3.4.7)</li> <li>4. <i>Accurately express health information through multimedia (e.g. public service announcements, website, posters, pamphlets).</i> (H.E.C.2.4.1)</li> </ol>	<p>A. <i>Role play a situation in which a student mediates a conflict over a rivalry between friends.</i> (H.E.B.3.4.5)</p>
<p><i>II Responsible Decision Making and Planning</i></p>	<ol style="list-style-type: none"> <li>1. <i>Participate in a group discussion about the negative effects of tobacco, alcohol and other drugs.</i> (H.E.C.1.4.5)</li> </ol>	<p>A. <i>Set realistic goals (short and long term) and develop a plan of action to attain those goals.</i> (H.E.C.1.4.4)</p>
<p><i>III Consumer Knowledge and Community Resources</i></p>	<ol style="list-style-type: none"> <li>1. <i>Describe the components of a healthy environment.</i> (H.E.A.1.4.4)</li> <li>2. <i>Understand the impact of social diversity within one's community.</i> (H.E.A.1.4.5)(H.E.B.3.4.8)</li> <li>3. <i>Explain how medical advances and research have led to the prevention and control of health problems</i> (H.E.A.1.4.8)</li> <li>4. <i>Determine valid health information regarding products and services.</i> (H.E.A.2.4.1)(H.E.A.2.4.2)(H.E.A.2.4.3)(H.E.B.2.4.2)</li> </ol>	<p>A. <i>Obtain data about community health issues and problems from a county public-health unit and develop a plan for addressing the most serious problems represented by the data.</i> (H.E.C.2.4.6)</p>

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	<p>5. <i>Enhance awareness of agencies/organizations/clinics that provide assistance with mental, physical, emotional, and social related problems.</i> (H.E.A.2.4.4)</p> <p>6. <i>Describe the use of technology and its impact as it relates to the health of oneself and others.</i> (H.E.B.2.4.1)</p>	